



www.melvillewaterpolo.com.au

melville water polo



flippaball

flippaball for summer fun



Beijing Olympians Jamie Beadsworth and Gemma Beadsworth
(Olympic Bronze Medallist) started at Melville Flippaball

2011/12 season new players welcome!

Flippaball a non-contact version of Water Polo played by boys and girls aged 8-15

WHEN: Ages 8-12 (Born 2003, 02, 01, 00)	Friday 6.30pm - 8.00pm	SEASON Term 4: 2011 21 Oct - 09 Dec (8 weeks)
		SEASON Term 1: 2012 03 Feb - 30 Mar (8 weeks)
Ages 10-15 (Born 2000, 99, 98, 97, 96)	Saturday 8.30am - 10.30am	SEASON Term 4: 2011 22 Oct - 10 Dec (8 weeks)
		SEASON Term 1: 2012 04 Feb - 31 Mar (8 weeks)

WHERE: Melville Water Polo Club, Bicton, 88 Blackwall Reach Parade West

COST: Friday or Saturday - **\$180** including 1 parent as a Social Member*
\$130 Each additional child (if applicable, use additional form)
\$50 Each additional Social Member
(Registration covers both Term 4, 2011 and Term 1, 2012)

*There is a requirement for Social membership for the 2011/2012 season. Full details are available at www.melvillewaterpolo.com.au

Friday night: Is recommended for 1st/2nd year players. The pool is divided into 1/4 (16M x 10m)

Sat Morning: Is recommended for children who have experienced Flippaball previously and are capable swimmers. The pool is divided into 1/3 (20M x 11M)

REGISTRATION CLOSING DATE: 23 September 2011

More information contact: Damian Kelly Email: damian.kelly@melvillewaterpolo.com.au Phone: 08 9319 2367

PoloSwim training

It is recommended that all Flippaball participants enrol in at least 1 session/week of PoloSwim. PoloSwim is structured after school water polo lessons designed to develop: ball skills, leg strength, and water polo specific conditioning.

PoloSwim is held each weekday afternoon at 3.30 to 4.15 pm and 4.15 to 5.00 pm. Starting Monday 17th October.

